

Metabolic Syndrome with Oppositional Defiant Disorder in an 11 Year Old Girl

Dr. Edwin Dias

Professor and HOD, Department of Paediatrics,
Srinivas Institute of Medical Sciences & Research Centre, MUKKA, Mangalore, India
E-mail: dredwindias@gmail.com

ABSTRACT

Metabolic Syndrome in adolescent in India is of recent origin due to the better socioeconomic conditions and the growing obesity epidemic. An 11 year old female child presented with features of Metabolic Syndrome and Oppositional Defiant Disorder. Child was treated with antihypertensive medication and put on dietary and exercise regimen. Child was given counselling for the Oppositional Defiant Disorder after being evaluated by Psychiatrist.

Keywords: Metabolic Syndrome, Adolescent, Dietary, Exercise regimen, Oppositional Defiant Disorder.

How to Cite this Paper:

Dias, Edwin (2018). Metabolic Syndrome with Oppositional Defiant Disorder in an 11 Year Old Girl. *International Journal of Health Sciences and Pharmacy (IJHSP)*, 2(1), 37-39. DOI: <http://dx.doi.org/10.5281/zenodo.1298584>.